

New Umpire Training for Youth Level Girls Lacrosse

Part I: Classroom Training Sunday March 2, 2008

Time: 10 am—3 pm Check-in: 9:30 am

Part II: On-field Training TBA

This comprehensive 4 hour classroom curriculum is the first step in becoming certified to umpire Youth Girls Lacrosse. The second component involves hands-on field experience at a Portland area event yet to be determined. Those who successfully complete the training will be either become a Junior Umpire (those under 18 y.o.) or a Youth Umpire (adult). New umpires will also take a rules test online before he or she takes the field.

Attendees will receive a 2008 US Lacrosse rule book. New trainees will also get a whistle, lanyard, and penalty cards at the on-field event. Membership to US Lacrosse is required to umpire. If you already are registered as a "player" or "coach", we still must sign up as an umpire through OWLUA. There is no additional fee required. See www.uslacrosse.org for more information on the sport's governing body.

Please bring paper and pencil. Lunch is "on your own".

Registration Details

SIGN UP EARLY TO SAVE \$\$\$!

Send a check for \$25, payable to OWLUA, along with your name, phone number, email, and team affiliation*:

Sarah Templeton, OWLUA Treasurer
8695 SW Maverick Terrace, Apt. 107
Beaverton, OR 97008

**Must be received by Thursday Feb. 28th.*

On-site fee: \$30.

Location Details

Oregon Food Bank www.oregonfoodbank.org

7900 N.E. 33rd Drive (Between Columbia Boulevard and Marine Drive)

From Portland and points south:

- Take I-5 North to Columbia Boulevard exit. The road will curve around. At the stoplight (Columbia), go left (east). Turn left (north) at N.E. 21st Avenue (third stoplight). Follow 21st Avenue until it curves to the right and becomes N.E. Riverside Way. Follow N.E. Riverside Way until it dead-ends at 33rd Drive. Oregon Food Bank is directly across 33rd Drive. Look for the sign at the entrance to the parking lot.

Contact person:

Juliet Baker

Development Coordinator, Oregon Women's Lacrosse Umpires Association

owlua@msn.com

503-432-6701